

Ladysmith Track and Field

2017 High School Season Bests

Updated 6/20/17

MVPs: Hayley Wicik & Connor Berg

Coach's Awards: Serenity Hetke & Christian Gomez

Newcomers of the Year: Mady Clark & Jacob Schilling

State Qualifiers

Hayley Wicik - 1600m Run

Regional Champions (1st Place)

Hayley Wicik - 800m Run

Hayley Wicik - 1600m Run

Sectional Qualifiers (2nd - 4th Place)

Connor Berg - 800m Run

Connor Berg - 800m Run

Boys 4x400m Relay - Jacob Palumbo, Christian Gomez, Steven Jerry, Jacob Schilling

All- Conference First Team

Hayley Wicik - 3200m Run

All-Conference Second Team

Hayley Wicik - 1600m Run

Hayley Wicik - 800m Run

Caden Dupee - 300m Hurdles

Caden Dupee - Triple Jump

All-Conference Third Team

Abby Bullard - 300m Hurdles

Boys 4x800m Relay - Trent Vollendorf, Dale Hetke, Christian Gomez, Jacob Palumbo

Caden Dupee - 110m Hurdles

Caden Dupee - High Jump

Connor Berg - 1600m Run

Connor Berg - 800m Run

Connor Berg - 3200m Run

Letter Winners

Girls

Abby Bullard - 4th

Aleya Steckel - 4th

Hayley Wicik - 4th

Catherine Cleveland - 3rd

Serenity Hetke - 2nd

Brookelle Davis - 2nd

Cassidy Stanger - 2nd

Sarah Vollendorf - 1st

Mady Clark - 1st

Kyleigh Hanson - 1st

Boys

Dale Hetke - 3rd

Steven Jerry - 1st

Alex Cleveland - 3rd

Christian Gomez - 2nd

Connor Berg - 2nd

Tyler Dicus - 1st

Caden Dupee - 1st

Jacob Palumbo - 2nd

Jacob Schilling - 1st

Trent Vollendorf - 1st

Faith Meltz - 1st

Matt Diamond - 1st
 Bryce Gudis - 1st

Outdoor Season Bests

Girls	Events	Boys
Serenity Hetke, Catherine Cleveland, Abby Bullard, Mady Clark - 12:34.09	4x800m Relay	Trent Vollendorf, Dale Hetke, Christian Gomez, Connor Berg - 8:51.52
Abby Bullard - :18.27	100/110m High Hurdles	Caden Dupee - :17.10
Brookelle Davis - :14.14	100m Dash	Steven Jerry - :12.08
Hayley Wicik - 5:30.68	1600m Run	Connor Berg - 4:33.19
Brookelle Davis, Mady Clark, Faith Meltz, Cassidy Stanger - 2:01.37	4x200m Relay	Jacob Palumbo, Christian Gomez, Jacob Schilling, Steven Jerry - 1:39.52
Abby Bullard - 1:06.92	400m Dash	Jacob Schilling - :55.48
Brookelle Davis, Mady Clark, Faith Meltz, Cassidy Stanger - 1:01.73	4x100m Relay	Jacob Palumbo, Christian Gomez, Trent Vollendorf, Bryce Gudis - :52.34
Abby Bullard - :52.40	300m Hurdles	Caden Dupee - :43.32
Hayley Wicik - 2:31.86	800m Run	Connor Berg - 2:06.02
Brookelle Davis - :29.34	200m Dash	Steven Jerry - :24.49
Hayley Wicik - 12:04.315	3200m Run	Connor Berg - 10:41.65
Mady Clark, Abby Bullard, Faith Meltz, Brookelle Davis - 4:40.19	4x400m Relay	Jacob Palumbo, Christian Gomez, Steven Jerry, Jacob Schilling - 3:42.60
Brookelle Davis - 14' 1.25"	Long Jump	Jacob Schilling - 18' 6 ½"
Faith Meltz - 29' 5.75"	Triple Jump	Caden Dupee - 39' 3 ½"
Catherine Cleveland - 7' 6"	Pole Vault	Dale Hetke and Bryce Gudis - 9'
Abby Bullard - 4'4"	High Jump	Jacob Schilling - 5'10"
Kyleigh Hanson - 25' 3½"	Shot Put	Charlie Garrett - 26' 1 ½"
Sara Vollendorf - 90' 1"	Discus	Connor Berg - 102' 4"

Indoor Season Bests

Girls	Events	Boys
Mady Clark - :11.20	55m High Hurdles	Caden Dupee - :09.13
Brookelle Davis - :08.53	55m Dash	Bryce Gudis - :08.11
Aleya Steckel - 6:41.25	1600m Run	Connor Berg - 4:55.79
Brookelle Davis - 1:13.55	400m Dash	Jacob Schilling - :56.53
Hayley Wicik - 2:38.10	800m Run	Connor Berg - 2:18.54
Brookelle Davis - :31.63	200m Dash	Jacob Schilling - :26.08
Serenity Hetke - 15:36.27	3200m Run	Connor Berg - 11:12.74
	4x400m Relay	Caden Dupee Jacob Schilling Connor Berg Dale Hetke - 3:57.81
Faith Meltz - 11' 6.75"	Long Jump	Jacob Schilling - 16' 7"
Faith Meltz - 28' 2.5"	Triple Jump	Caden Dupee - 39' 1"
Catherine Cleveland - 6'	Pole Vault	Dale Hetke - 8' Trent Vollendorf - 8'
Faith Meltz - 4'0"	High Jump	Caden Dupee - 5' 10"
Sarah Vollendorf - 24' 1"	Shot Put	Charlie Garrett - 26' 9"