Ladysmith Cross Country

2016 Season Summary

High School Team

Name	Grade	Wins	Letter Number	Name	Grade	Wins	Letter Number
Serenity Hetke	11	481	3	Dale Hetke	12	738	4
Faith Martin	10	67	1	Bryan Kriz	12	189	1
Hope Martin	10	73	1	Jake Zimmer	12	452	4
				Christian Gomez	11	745	1
				Paul Kroening	11	162	2
				Connor Berg	10	918	2
				Daniel Dent	10	8	0
				Zach Stryker	10	156	1
				Kobe Zimmer	10	68	2

Middle School Team

Name	Grade	Wins	Name	Grade	Wins
Kylee Becker	8	453	John Witt	8	62
Erica Loe	8	491	Eli Rogers	6	379
Maddy Nybakke	8	298	Brandon Vanden Heuvel	6	64
Ellie Poradish	8	300	Riley Anderson	5	71
Mercedes Romo	8	331	Evan Loe	5	128
Payton Kell	7	278	Garrett McKinley	5	111
Anna Rolli	6	10			
Payton Wold	6	165			

Conference Meet - Cumberland

All-Conference Girls	Girls' Team Finish	All-Conference Boys	Boys' Team Finish
Serenity Hetke - 8th Place	N/A	Dale Hetke - 3rd Place Connor Berg - 4th Place	4th

Sectional Meet - Drummond

State Qualifying Girls	Girls' Team Finish	State Qualifying Boys	Boys' Team Finish
N/A	N/A	Dale Hetke - 3rd Individual Connor Berg - 5th Individual	8th

State Meet Results

Dale Hetek	17:48	50/151	Connor Berg 18:09 80/151 ***WCCCA Academic All-State***
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Team Awards

Girls MVP	Serenity Hetke
Boys MVP	Dale Hetke
Coach's Award	Connor Berg
Newcomer of the Year	Christian Gomez

Scholar Athletes

High School Girls	High School Boys	Middle School Girls	Middle School Boys
Serenity Hetke	Dale Hetke Paul Kroening Connor Berg Zach Stryker	Kylee Becker Erica Loe Maddy Nybakke Ellie Poradish Mercedes Romo Payton Wold	John Witt Eli Rogers Evan Loe

Additional Highlights

Dale Hetke earned his 2000th career win.

The middle school girls team won 3 meets this season.

Erica Loe won 5 middle school girls races and set a course record at the Hayward Meet.